

ADMISSION PROSPECTUS FOR THE SESSION - 20

THE INSTITUTE

Prasannamani College of Physical Education & Yoga, located at Tigiria in the District of Cuttack was established in 1982, named after the supreme God Lord Jagannath of Tigiria.

COURSES OFFERED

- (1) The College is permanently recognised by the Govt. of Odisha for C.P.Ed. Course and NCTE (National Council for Teachers Education, New Delhi).
- (2) 3 years Degree B.P.E. ^{Sports} Course (Bachelor in Physical Education) is imparted in the College being approved by the State Govt., Odisha and is affiliated to Utkal University, Vani Vihar, Bhubaneswar.
- (3) B.P.Ed. - Two years
(Bachelor of Physical Education)
is being imparted by the college duly recognised by NCTE (National Council for Teacher's Education, New Delhi).
It has also been approved by the Govt. of Odisha sports and youth service Department.

OBJECTIVES OF THE INSTITUTE

- a) To prepare highly qualified leaders in the field of Physical Education and Sports.
- b) To serve as a center of excellence and innovation in Physical Education and to undertake, promote and disseminate research in the field.
- c) To provide professional and academic leadership to other institutions in the field of Physical Education.

- d) To provide vocational guidance and placement services to the people in this field.
- e) To promote mass participation in Physical Education & Sports.
- f) To develop and promote programmes of Physical Education and Sports in Schools Colleges.
- g) To build up a healthy, sportive and dynamic career for the young masses.

SCOPE FOR COURSES OFFERED :

The successful candidates from this institution are well qualified for Govt. sector and Private sector appointments in different educational institutions of the State of Odisha as well as in other states of the country. The B.P.E. ^{sports} course is equivalent to B.A. / B.Sc. B.Com. course as such the successful candidates may pursue higher study in future in different courses.

COURSES OFFERED AND DURATION :

- a) C.P.Ed. - Certificate in Physical Education (C.P.Ed.)
02 (two) years duration
Total intake capacity - 80
- b) B.P.E. (S) Bachelor in Physical Education -
3 years Degree.
Total intake capacity - 64
- c) B.P.Ed. - Bachelor of Physical Education -
Two years degree course
Total intake capacity - 100

TWO YEARS C.P.ED. COURSE**PART-A** Theory Papers (Each paper is 3 hours duration of Examination)

Paper - I Principles & History of Physical Education 100

Paper-II Psychology 100

Paper-III Methods, Organisation & Administration in Physical Education 100

Paper-IV Anatomy, Physiology & Health Education 100

Paper-V Officiating & Coaching 100

Total :- (Theory) :- 500 marks

Skill (Practical)

PART-B Major Games, Athletics, Indigenous

Activity, Yogasana. 300

Minor Game Relays, Combatives
& Folk dances.**PART-C** Teaching Ability

(Practical with Sessional Marks) 200

PART-D Specialisation Record 50**PART-E** Five officiating assignments and

Project work 50

(Sessional Internal Marks)

Total :- (Practical) - 600 Marks**Grand Total :- (Theory & Practical) - 1100 Marks**

THREE YEARS B.P.E. ^{sports} COURSE

SCHEME OF EXAMINATION

(B.P.E. ^{sports} 1st year Part-I)

Part-A Theory papers

Each paper is 3 hours duration

	Max Marks	Min Pass Marks	Aggregate average required
Paper-I-English	100	33	33
Paper-II-Organisation Administration and supervision in Phy. Edn.	100	33	33
Paper-III-History of Phy. Education	100	33	33
Paper-IV-Methods in Phy. Education	100	33	33
Paper-V-Anatomy and Physiology in Phy. Education	100	33	33
Total :	500	165	165

Part-B-Practical (Skills)

1. Cricket	50	20	20
2. Foot Ball	50	20	20
3. Kabaddi	50	20	20
4. Yogasan	50	20	20
5. Indigenous activities	50	20	20
6. Minor Games and Relays	50	20	20
Total	300	120	120

(Part A+B) Grand Total $500+300 = 800$ marks

^{Sports}
(B.P.E. 2nd year, Part-II)

Part-A-Theory papers (each paper is 3 hours duration)

	Max Marks	Min Pass Marks	Aggregate average required
Paper-I-Principles of Phy. Education	100	33	33
Paper-II-Health Education	100	33	33
Paper-III-Sports Psychology	100	33	33
Paper-IV-Officiating and Coaching	100	33	33
Paper-V-Kinesiology	100	33	33
Total :	500	165	165

Part-B: Practical (Skills)

1. Track and Field	50	20	20
2. Volley Ball	50	20	20
3. Basket Ball	50	20	20
4. Badminton	50	20	20
5. Kho-Kho	50	20	20
6. Fundamental Gymnastics	50	20	20
Total	300	120	120

(Part A+B) Grand Total 500+300 = 800 marks

Sports
(B.P.E. 3rd year, Part-III)

Part-A-Theory papers (each paper is 3 hours duration)

	Max Marks	Min Pass Marks	Aggregate average require
Paper-I-General Science	100	33	33
Paper-II-Test & Measurement in Phy. Edn.	100	33	33
Paper-III-Sports Sociology	100	33	33
Paper-IV-Correctives, First Aid & Safety Edn.	100	33	33
Paper-V-Training Methods	100	33	33
Total :	500	165	165

PRACTICAL :

Part-B (Skills)

1. Hockey	50	20	20
2. Track and Field	50	20	20
3. Soft Ball	50	20	20

Part-C-Lesson Plan
(Teaching ability)

100	40	20
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Part-D

1. Specialization (Records & Sessional work)	100	40	40
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Part-E

1. Five officiating	50	20	20
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Total :	400	160	160
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(Part A+B+C+D+E) Grand Total 500+400 = 900 marks

For specialization a candidate may take any one games / sports mentioned below.

- | | | | |
|----------------|--------------|-------------------|--------------|
| 1. Basket Ball | 2. Badminton | 3) Cricket | 4) Foot Ball |
| 5. Hockey | 6. Kabaddi | 7. Kho-Kho | |
| 8. Volley Ball | 9. Soft Ball | 10. Track & Field | |

The Administrator as Academic council has approved this regulation on 18.08.2004.

SCHEME OF EXAMINATION (4-Semester) - B.P.Ed. - Two years

Semester - I

Part A : Theoretical Course						
Course Code	Title of the Papers	Total Hours	Credit	Internal Marks	External Marks	Total Marks
Core Course						
CC-101	History, Principles and and foundation of Physical Education	4	4	30	70	100
CC-102	Anatomy and Physiology	4	4	30	70	100
CC-103	Health Education and Environmental Studies	4	4	30	70	100
Elective Course (Anyone)						
EC-101	Olympic Movement	4	4	30	70	100
EC-102	Officiating and Coaching					
Part B : Practical Course						
PC-101	Track and Field (Running Events)	6	4	30	70	100
PC-102	Swimming/Gymnastics / Shooting	6	4	30	70	100
PC-103	Indigenous Sports : Kabadi / Malkhambh / lezim / March past	6	4	30	70	100
PC-104	Mass Demonstration Activities : Kho-Kho / dumbbells / tipri / wands / hoop / umbrella	6	4	30	70	100
Total		40	32	240	560	800

Note: Total Number of hours required to earn 4 credits for each Theory Course are 68-80 hours per semester whereas 102-120 hours for each Practicum Course.

Semester - II**Part A : Theoretical Course**

Course Code	Title of the Papers	Total Hours	Credit	Internal Marks	External Marks	Total Marks
Core Course						
CC-201	Yoga Education	4	4	30	70	100
CC-202	Educational Technology and Methods of Teaching in Physical Education	4	4	30	70	100
CC-203	Organization and Administration	4	4	30	70	100
Elective Course (Anyone)						
EC-201	Contemporary issues in physical education, fitness and wellness	4	4	30	70	100
EC-202	Sports Nutrition and Weight Management					
Part B : Practical Course						
PC-201	Track and Field (Jumping Events)	6	4	30	70	100
PC-202	Yoga / Aerobics / Gymnastics / Swimming	6	4	30	70	100
PC-203	Racket Sports : Badminton / Table Tennis / Squash / Tennis	6	4	30	70	100
Part C : Teaching Practices						
TP-201	Teaching Practices (05 lessons in class room teaching and 05 lessons in outdoor activities)	6	4	30	70	100
Total		40	32	240	560	800

Note: Total Number of hours required to earn 4 credits for each Theory Course are 68-80 hours per semester whereas 102-120 hours for each Practicum Course.

Semester - III**Part A : Theoretical Course**

Course Code	Title of the Papers	Total Hours	Credit	Internal Marks	External Marks	Total Marks
Core Course						
CC-301	Sports Training	4	4	30	70	100
CC-302	Computer Applications in Physical Education	4	4	30	70	100
CC-303	Sports Psychology and Sociology	4	4	30	70	100

Elective Course (Anyone)

EC-301	Sports Medicine, Physiotherapy and Rehabilitation	4	4	30	70	100
EC-302	Curriculum Design					

Part B : Practical Course

PC-301	Track and Field (Throwing Events)	6	4	30	70	100
PC-302	Combative Sports : Martial Art / Karate / Judo / Fencing / Boxing / Taekwondo / Wrestling (Any two out of these)	6	4	30	70	100
PC-303	Team Games : Baseball / Cricket / Football / Hockey / Softball / Volleyball / Handball / Basketball / Netball (Any two of these)	6	4	30	70	100

Part C : Teaching Practices

TP-301	Teaching Practice : (Teaching Lesson Plans for Racket Sport / Team Games / Indigenous Sports) (out of 10 lessons 5 internal and 5 external at practicing school)	6	4	30	70	100
Total		40	32	240	560	800

Note: Total Number of hours required to earn 4 credits for each Theory Course are 68-80 hours per semester whereas 102-120 hours for each Practicum Course.

Semester - IV

Semester - IV

Part A : Theoretical Course						
Course Code	Title of the Papers	Total Hours	Credit	Internal Marks	External Marks	Total Marks
Core Course						
CC-401	Measurement and Evaluation in Physical Education	4	4	30	70	100
CC-402	Kinesiology and Biomechanics	4	4	30	70	100
CC-403	Research and Statistics in Physical Education	4	4	30	70	100
Elective Course (Anyone)						
EC-401	Theory of sports and game	4	4	30	70	100
EC-402	Sports Management					
Part B : Practical Course						
PC-401	Track and Field / Swimming / Gymnastics (Any one out of three)	6	4	30	70	100
PC-402	Kabaddi /Kho-Kho / Baseball / Cricket / Football / Hockey / Softball / Volleyball / Handball / Basketball / Netball / Badminton / Table Tennis / Squash / Tennis (Any Two of these)	6	4	30	70	100
Part C : Teaching Practices						
TP-401	Sports specialization : Coaching lessons Plans (One for Sports 5 lessons)	6	4	30	70	100
TP-402	Games specialization : Coaching lessons Plans (One for Games 5 lessons)	6	4	30	70	100
Total		40	32	240	560	800
		160	128	960	2240	3200

Note: Total Number of hours required to earn 4 credits for each Theory Course is 160 whereas 102-120 hours for each Practicum Course.

Note: Total Number of hours required to earn 4 credits for each Theory Course are 68-80 hours per semester whereas 102-120 hours for each Practicum Course.

CAMPUS AND ITS LOCATION

(i) Campus :

The College is situated at the Western end of Tigiria, surrounded by corn fields on the Southern side and Mango groves on the other three sides. The College occupies 15 acres of plain land in which the College and gents hostel, ladies hostel and the fields are located.

(ii) Bus Service :

Tigiria is situated by the side of Cuttack-Narasingshpur N.H. bus route. Up and down buses are available through out the day from Tigiria bus stop.

(iii) Hostel facilities :

The College is a residential College and therefore hostel facility is provided to the students of this College with all accommodation for ladies and gents separately. All students are compulsorily required to reside in the hostel. All the students are required to take their meals in the mess run by the Institute.

(iv) Staffs :

Well qualified, experienced, adequate teaching staffs are there in the College.

(v) Club and Co-curricular activities :

The Student's Cultural Club functions under the staff guidance and cultural, social and co-curricular activities are co-ordinated.

(vi) The College has a well-established Library having sufficient course and reference books along with a lot of sports magazines and journals. The Library is attached to a well furnished reading room too.

(vii) The College has also well equipped laboratories such as E.T., Health, I.T. with qualified and experienced staffs.

APPLICATION FOR ADMISSION

Application for admission into C.P.Ed. / B.P.E. / ^{sports} B.P.Ed. 2 years courses along with the prospectus can be obtained from the college office in person on every working day between 10 AM to 4 PM or may be downloaded from the college website: www.pmcpe.co. The downloaded form may be accompanied with a DD of Rs. 350/- for C.P.Ed. course Rs. 200/- for B.P.E. course and Rs. 400/- for B.P.Ed. course in favour of Secretary G.B. P.M. C.P.Ed. and Yoga, Tigiria payable at UCO Bank, Tigiria acceptable only within the stipulated period.

- (a) Sale of Form :- Dt..... to Dt.....
 - (b) Last date of submission of filled in application form - Dt..... with the following documents.
 - (c) Cost of form by hand Rs. 350/- for C.P.Ed. course.
 - (i) By M.O. Rs. 400/- for C.P.Ed. course
 - (ii) By hand Rs. 200/- for B.P.E. course
 - (iii) By M.O. Rs. 250/- for B.P.E. course
 - (iv) By hand Rs. 400/- for B.P.Ed. course
 - (v) By M.O. Rs. 450/- for B.P.Ed. course
 - (1) Xerox (attested) copy of the Sr. Secondary Examination (+2) certificate, mark sheet and conduct certificate.
 - (2) Xerox (attested) copy of the H.S.C. certificate in support of age.
 - (3) Passport size photograph of the candidate - 03 nos.
 - (4) Xerox copy (attested) of Caste certificate, Income certificate of S.C. / S.T. / OBC candidates.
 - (5) In service candidates are required to submit their application being countersigned by their respective authority.
 - (6) Original money receipt in support of purchase of application form.
 - (7) 25 cm x 10 cm size self addressed envelope affixing postage of Rs. 5/- only.
 - (8) The Index card should be affixed with a postage of Rs. 5/- only.
- NOTE:** The College will not be responsible of any postal delay. The applications received after the last date will be summarily rejected and the incomplete applications will not be considered for admission.

Eligibility as per NCTE Norms

- (a) Candidates who have passed the senior secondary examination (+2) with 50% of marks or its equivalent and have participated in sports / games at least school / college / State level are eligible for admission into C.P.Ed. course only.
- (i) +2 Pass or equivalent qualification for Admission into B.P.E. course.
- (b) Additional weightage to be given to those candidates who participated in State / National level sports / games.
- (c) The reservation for SC/ST and other categories shall be as per the rules of the Central Government / State Government, whichever is applicable. There shall be relaxation of 5% marks in favour of SC/ST and other categories of candidates.
- (d) **Eligibility criteria for admission to B.P.Ed. 2 years Course :-**
- i) Bachelor's degree in any discipline with 50% marks and having at least participation in the inter-college Inter-zonal / District / School competition in sports and games as recognized by the AIU/IOA/SGFI/Govt. of India.
- or
- ii) Bachelor's degree in Physical education with 45% marks
- or
- iii) Bachelor's degree in any discipline with 45% marks and studied physical education as compulsory / elective subject.
- or
- iv) Bachelor's degree with 45% marks and having participated in National/Inter University / State competitions or secured 1st, 2nd or 3rd position in Inter College / Inter-zonal / District / School competition in sports and games as recognized by the AIU/IOA/SGFI/Govt. of India

or

v) Bachelor's degree with participation in international competitions or secured 1st, 2nd or 3rd position in National/Inter-University competition in sports and games as recognized by respective federations / AIU/IOA/SGFI/Govt. of India.

or

vi) Graduation with 45% marks and at least three years of teaching experience (for deputed in-service candidates i.e. trained physical education teachers/coaches).

The relaxation in percentage of marks in the qualifying examination and in the reservation of seats for SC/ST/OBC and other categories shall be as per the rules of the Central Government / State Government, whichever is applicable.

vii) The candidates should be able to speak, read and write odia and should have had odia as a language subject in the ME Standard or any equivalent, or has been declared to have passed a test in Odia language equivalent to the ME School Standard conducted by the School & Mass Education Department of Govt. of Odisha/BSE, Odisha.

viii) Candidates appearing in the qualifying examination are also eligible to submit their application for admission into B.P.Ed. 2 years Course subject to submission of their testimonial and mark sheet in original in support of their qualification on or before the date of interview and skill tests fixed by the authority. Failure in submission of such documents shall be tantamount to forfeiture of any claim for admission.

Admission procedure

Admission shall be made on merit on the basis of marks obtained in the entrance examination (practical test, sports proficiency test, physical fitness test, interview and marks obtained in qualifying examination) or any other selection process as per the policy of the State Government.

NOTE- Any directive issued by the Govt. of Odisha regarding policy on reservation to SC/ST & other categories will be followed.

(e) **Age -**

- (i) The candidate must have been at least 18 years of age to 28 years as on 1st July for C.P.Ed. course.
- (ii) 20 to 28 years of age for B.P.Ed. 2 years course.
- (iii) For B.P.E., the age limit is as per the norms of any general college offering Bachelor's Degree.

(f) **Relaxation of Age**

- (i) For SC & ST candidates upto 33 years.
- (ii) For Women candidates upto 33 years for all categories.
- (iii) For male SEBC candidates upto 31 years.
- (iv) For male General candidates upto 28 years.
- (v) For in-service candidates upto 45 years.

N.B.- There is no upper age limitation for in-service candidates. In-service candidates must be sponsored through inspector of schools/Director, Higher Education/Secondary Edn./ Principal / Authority of English Medium Schools as the case may be.

(g) The candidates whose applications will be found correct will be called for an interview to the college premises on a date (to be scheduled by the College) for skill test / interaction. No T.A. / D.A. will be given for any journey on admission matter to any candidate from the college.

(h) Selected candidates will be issued intimation for admission into the course sufficient ahead of the schedule admission date. No extension of admission date will be allowed. Admn. is not a matter of claim. The decision of the authority is binding in every respect.

(i) **Reservation of Seats :**

The reservation of seats has been followed as per the policy of the state govt.

ADMISSION FEE FOR 02 YEARS : C.P.Ed.

Name of Heads	1st Yr.		2nd Yr.	Total
(1) Admission fees	Rs. 6,000.00	+	Rs. Nil	= Rs. 6,000.00
(2) Re-Adm. Fees	Rs. Nil	+	Rs. 4000.00	= Rs. 4000.00
(3) Tuition Fees	Rs. 19500.00	+	Rs. 19500.00	= Rs. 39,000.00
(4) Caution money (Refundable)	Rs. 1,000.00	+	Rs. Nil	= Rs. 1,000.00
(5) Library fees	Rs. 750.00	+	Rs. 750.00	= Rs. 1500.00
(6) Intramural fees	Rs. 750.00	+	Rs. 750.00	= Rs. 1500.00
(7) Medical fees	Rs. 400.00	+	Rs. 400.00	= Rs. 800.00
(8) Camping fees	Rs. 900.00	+	Rs. 900.00	= Rs. 1800.00
(9) Teaching aids	Rs. 1200.00	+	Rs. 1200.00	= Rs. 2400.00
(10) Cultural fees	Rs. 500.00	+	Rs. 500.00	= Rs. 1000.00
(11) Film & Photo	Rs. 160.00	+	Rs. 160.00	= Rs. 320.00
(12) Internal Exam. fees	Rs. 250.00	+	Rs. 250.00	= Rs. 500.00
(13) Letter correspondence	Rs. 100.00	+	Rs. 100.00	= Rs. 200.00
(14) Identity Card	Rs. 150.00	+	Rs. Nil	= Rs. 150.00
(15) Students Club	Rs. 750.00	+	Rs. Nil	= Rs. 750.00
(16) E.T. Laboratory	Rs. 350.00	+	Rs. 350.00	= Rs. 700.00
(17) Health Laboratory	Rs. 350.00	+	Rs. 350.00	= Rs. 700.00
(18) Sports Medicine Lab.	Rs. 350.00	+	Rs. 350.00	= Rs. 700.00
(19) Curpose fee	Rs. 7500.00	+	Rs. 7500.00	= Rs. 15000.00
TOTAL	Rs. 40960.00	+	Rs. 37060.00	= Rs. 78020.00
HOSTEL				
(1) Hostel Adm. fees.	Rs. 2000.00	+	Rs. Nil	= Rs. 2000.00
(2) Hostel seat rent	Rs. 3000.00	+	Rs. 3000.00	= Rs. 6000.00
(3) Hostel Estb. fees	Rs. 3000.00	+	Rs. 3000.00	= Rs. 6000.00
(4) Uniform	Rs. 5000.00	+	Rs. Nil	= Rs. 5000.00
TOTAL	Rs. 53960.00	+	Rs. 43060.00	= Rs. 97020.00

N.B.- The above amounts to be collected at the time of 1st year admission and 2nd year re-admission for C.P.Ed. course.

DETAILS OF FEES COLLECTION FOR 3 YEAR B.P.E. COURSE

<u>Name of Heads</u>		<u>1st Yr.</u>	<u>2nd Yr.</u>	<u>3rd Yr.</u>
1.	Admission fees	Rs.1500/-		
2.	Re-Admission fees	Nil		
3.	Cauton Money	Rs. 100/-	Rs. 1000/-	Rs. 1000/-
4.	Library fees	Rs. 500/-	Nil	Nil
5.	Tuition fees	Rs. 5000/-	Rs. 500/-	Rs. 500/-
6.	Intramural fees	Rs. 500/-	Rs. 5000/-	Rs. 5000/-
7.	Camping fees	Rs. 500/-	Rs. 500/-	Rs. 500/-
8.	Teaching aids fees	Rs. 500/-	Rs. 500/-	Rs. 500/-
9.	Cultural fees	Rs. 200/-	Rs. 500/-	Rs. 500/-
10.	Film and Photo fees	Rs. 200/-	Rs. 200/-	Rs. 200/-
11.	Internal Exam. fees	Rs. 50/-	Rs. 50/-	Rs. 50/-
12.	Identity card	Rs. 50/-	Rs. 50/-	Rs. 50/-
13.	Letter Correspondence	Rs. 100/-	Rs. 100/-	Rs. 100/-
14.	Students Club fees	Rs. 50/-	Rs. 50/-	Rs. 50/-
15.	ET Laboratory	Rs. 150/-	Rs. 150/-	Rs. 150/-
16.	Health Laboratory	Rs. 150/-	Rs. 150/-	Rs. 150/-
17.	Sports Laboratory	Rs. 150/-	Rs. 150/-	Rs. 150/-
18.	Curpose fees	Rs. 1000/-	Rs. 1000/-	Rs. 1000/-
19.	Uniform	Rs. 5000/-	Nil	Nil
20.	University fees	Rs. 100/-	Rs. 100/-	Rs. 100/-
TOTAL		Rs. 15,650/-	Rs. 10,050/-	Rs. 10,050/-

HOSTEL FEES :-

1.	Hostel Admission fees	Rs. 1000/-	Rs. 1000/-	Rs. 1000/-
2.	Hostel Seat rent	Rs. 3000/-	Rs. 3000/-	Rs. 3000/-
3.	Hostel establishment	Rs. 3000/-	Rs. 3000/-	Rs. 3000/-
TOTAL		Rs. 7000/-	Rs. 7000/-	Rs. 7000/-

B.P.Ed. 2 years FEES STRUCTURE

Sl.No.	Name of Heads	1st Yr.	2nd Yr.	Total
1.	Admission fees	Rs. 8000.00	Nil	= Rs. 8000.00
2.	Re-Admission fees	Nil	Rs. 4000.00	= Rs. 4000.00
3.	Tuition fees	Rs. 10000.00	Rs. 10000.00	= Rs. 20000.00
4.	Caution Money	Rs. 1000.00	Nil	= Rs. 1000.00
5.	Library fees	Rs. 500.00	Rs. 500.00	= Rs. 1000.00
6.	Intramural fees	Rs. 500.00	Rs. 500.00	= Rs. 1000.00
7.	Medical fees	Rs. 250.00	Rs. 250.00	= Rs. 500.00
8.	Camping fees	Rs. 500.00	Rs. 1000.00	= Rs. 1500.00
9.	Teaching aids fees	Rs. 500.00	Rs. 1000.00	= Rs. 1500.00
10.	Cultural fees	Nil	Rs. 500.00	= Rs. 500.00
11.	Film & Photo fees	Rs. 250.00	Nil	= Rs. 250.00
12.	Internal Exam. fees	Rs. 250.00	Nil	= Rs. 250.00
13.	Letter correspondence fees	Rs. 250.00	Nil	= Rs. 250.00
14.	Identity card fees	Rs. 200.00	Nil	= Rs. 200.00
15.	Et laboratory fees	Rs. 500.00	Rs. 500.00	= Rs. 1000.00
16.	Students club	Nil	Rs. 1000.00	= Rs. 1000.00
17.	Health lab fees	Rs. 500.00	Rs. 500.00	= Rs. 1000.00
18.	Sports Medicine lab	Rs. 500.00	Rs. 500.00	= Rs. 1000.00
19.	Corpus fund	Rs. 5000.00	Rs. 5000.00	= Rs. 10000.00
20.	University fees		Rs. 1000.00	= Rs. 1000.00
21.	Exercussion fees	Nil		
22.				

TOTAL **Rs. 28700.00** + **Rs. 26250.00** = **Rs. 54950.00**

HOSTEL

Sl.No.	Name of Heads	1st Yr.	2nd Yr.	Total
1.	Hostel Adm. fees	Rs. 2000.00	Nil	= Rs. 2000.00
2.	Hostel Re-Adm. fees	Nil	Rs. 1000.00	= Rs. 1000.00
3.	Seat Rent	Rs. 3000.00	Rs. 3000.00	= Rs. 6000.00
4.	Estb. fees	Rs. 3000.00	Rs. 3000.00	= Rs. 6000.00
5.	Uniform	Rs. 5000.00	Nil	= Rs. 5000.00
6.	Mess dues	Rs. 20000.00	Rs. 20000.00	= Rs. 40000.00

GRAND TOTAL **Rs. 61700.00** + **Rs. 53250.00** = **Rs. 114950.00**

C.P.Ed. MESS :

Rs. 20000/- per year shall be collected from the students at the time of admission towards mess dues.

The same amount (Rs. 20000/-) shall also be collected at the time of IInd year readmission.

B.P.Ed. (2 years) :

Rs. 20000/- per each student shall be collected at the time of admission towards mess dues.

UNIFORM:

The college will supply the following uniform dresses to each student (C.P.Ed., B.P.Ed. & B.P.E⁹) before the regular class starts.

1. Track shoot one pair (For boys & Girls)
2. Two pairs of white colour short pant/long and banion (For both Boys & Girls).
3. One pair of white full pant & white full shirt with tie and one sports bag for boys & girls.
4. One pair of white saluwar shoot with red colour onny for Girls students.
5. Blazer for both boys and girls.

SCHOLARSHIP:

Only SC/ST candidates will be eligible for post matric scholarship by the Welfare Department of Odisha.

ATTENDANCE:

Institute regulations regarding attendance, examination and results will be followed strictly. Each student is expected to attend 75% of attendance (separately in theory and practicals). Any absence without prior permission or in absence of valid reasons will amount to an act of indiscipline. However leave may be sanctioned on account of illness, injury or other similar reasons, which should not exceed 30% of total classes in each subject / activity. Attendance will be counted from commencement of the sessions irrespective of the dates of admission of individual student.

CONDUCT AND DISCIPLINE:

Students are expected to maintain excellent conduct both inside and outside the college and hostels. They shall be supplied with a copy of the institute Rules and Regulation. Breach of institute rules may result in-disciplinary action including expulsion or rustication from the institute. The institute reserves the right to make changes in these Rules at any time which will be notified to the students for compliance. Ragging, drinking

alcohol, smoking, passing obscene comments on others, using filthy language, spitting on college walls and other mischievous and uncivil activities are strictly prohibited. If any incident comes to the notice of the authority, the concerned students will be penalized as per the College rule.

THE ACTIVITIES OF THE COLLEGE DURING THE YEAR

1. **Commencement of Classes :**
The College classes usually start in the month of July every year.
2. **Intramural competition :**
The Intramural competition opening ceremony is usually held in the month of October every year.
3. **Student's Hiking/Cross country :**
Students go hiking and cross country on the last Saturday of every month.
4. **Study Tour :**
The college traditionally organizes a study tour for students to different places outside the state during the month of December-January.
5. **Camping :**
Students have to go on camping to different places of the state every year. The camping normally continues for five days in the Month of February.
6. **Picnic/Excursion :**
There are excellent facilities for students to go on picnics and excursions to different places of scenic beauty and historical importance in the month of November every year. It provides ample opportunity for entertainment.
7. **Annual Day function & Intramural closing :**
The College Annual Day Function and Intramural closing ceremony are usually organised in the month of March every year.

PRINCIPAL
P.M.C.P.Ed. & Yoga, Tigiria, Cuttack